



# Swinton Running Club

## Club Championship Calendar 2015

Day	Date	Race	Distance	Type	Championship		Results
					CLGP	Club	
Sun	15th February 2015	Central Lancashire 5K	5K	Road	✓	✓	✓
Sun	1st March 2015	Trotters 5	5 Miles	Trail	✓	✓	
Sun	12th April 2015	Radcliffe 10K	10K	Trail	✓	✓	
Wed	13th May 2015	Haigh Hall 4	4 Miles	Road	✓	✓	
Sat	23rd May 2015	Worsley Woods parkrun	5K	Trail		✓	
Wed	17th June 2015	Horwich 5	5 Miles	Road	✓	✓	
Sat	20th June 2015	Watergrove parkrun	5K	Trail		✓	
Thu	9th July 2015	Bull Hill Fell Race	5.5 Miles	Fell		✓	
Sun	19th July 2015	Windmill Half Marathon	13.1 Miles	Road		✓	
Wed	5th August 2015	Chorley 4.6 Trail Race	4.4 Miles	Trail	✓	✓	
Sun	30th August 2015	Pennington Flash 5 Mile Trail Race	5 Miles	Trail	✓	✓	
Sun	13th September 2015	Blackleach 5 Mile Trail Race	5 Miles	Trail	✓	✓	
Sun	27th September 2015	Swinton 10 Mile Road Race	10 Miles	Road	✓	Not part of the Club Championships	
Sat	3rd October 2015	Rivington Half Marathon	13.1 Miles	Trail		✓	
Sun	11th October 2015	Gin Pit 5	5 Miles	Trail	✓	✓	
Sun	TBA November 2015	Through the Villages	8.45 Miles	Road		✓	
Sun	29th November 2015	City of Salford 5.25 Women's Run	5.25 Miles	Road		✓	
Sun	TBA December 2015	Stockport 10	10 Miles	Road		✓	

### Websites

**CLGP:** Central Lancashire Grand Prix Series

**Club:** Swinton Running Club - Club Championship

**Swinton Running Club - Mens Club Championship 2015**

Pos	Forename	Surname	Cat	CLGP 5K February 15th	Trotters 5 March 1st	Radcliffe April 12th	Haigh Hall 4 May 13th	parkrun May 23rd	Horwich 5 June 17th	parkrun June 20th	Bull Hill July 9th	Windmill Half July 19th	Chorley August 5th	Pennington August 30th	Blackleech September 13th	Rivington Half October 3rd	Gin Pit October 12th	Villages November TBA		Stockport 10 December TBA	No Raced	Best 7 of 16	Total	
1	David	Parkin	M	1																	1		1	
2	Stuart	Tucker	M	2																		1		2
3	Steven	Doxey	M50	3																		1		3
4	David	Kerrigan	M	4																		1		4
5	Andy	Land	M50	5																		1		5
6	Paul	Wilson	M40	6																		1		6
7	Paul	Rutherford	M50	7																		1		7
8	Simon	Bond	M40	8																		1		8
9	David	Halliday	M	9																		1		9
10	David	Guy	M50	10																		1		10
11	Paolo	Dale	M45	11																		1		11
12	Mike	Lilley	M55	12																		1		12
13	Pete	Grimshaw	M40	13																		1		13
14	John	Pickup	M50	14																		1		14
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**Swinton Running Club - Ladies Club Championship 2015**

Pos	Forename	Surname	Cat	CLGP 5K February 15th	Trotters 5 March 1st	Radcliffe April 12th	Haigh Hall 4 May 13th	parkrun May 23rd	Horwich 5 June 17th	parkrun June 20th	Bull Hill July 9th	Windmill Half July 19th	Chorley August 5th	Pennington August 30th	Blackleech September 13th	Rivington Half October 3rd	Gin Pit October 12th	Villages November TBA	Ladies Run November 29th	Stockport 10 December TBA	No Raced	Best 7 of 17	Total		
1	Helen	Nation	F35	1																		1		1	
2	Julie	Hamilton	F35	2																			1		2
3	Paulette	Storey	F60	3																			1		3
4	Jean	Mellor	F40	4																			1		4
5	Clare	Batten	F45	5																			1		5
6	Claire	Wolfendale	F35	6																			1		6
7																							0		0
8																							0		0
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### Central Lancashire 5K

Pos	Num	Forename	Surname	Cat	Team/Club	ChipTime	GunTime	Points
15	337	David	Parkin	M	Swinton Running Club	00:17:36	00:17:37	1
32	17	Stuart	Tucker	M	Swinton Running Club	00:18:51	00:18:53	2
41	217	Steven	Doxey	M50 to 54	Swinton Running Club	00:19:18	00:19:21	3
83	29	David	Kerrigan	M	Swinton Running Club	00:20:51	00:21:02	4
93	317	Andy	Land	M50 to 54	Swinton Running Club	00:21:00	00:21:13	5
102	351	Paul	Wilson	M40 to 44	Swinton Running Club	00:21:16	00:21:24	6
105	105	Paul	Rutherford	M50 to 54	Swinton Running Club	00:21:11	00:21:30	7
106	322	Simon	Bond	M40 to 44	Swinton Running Club	00:21:25	00:21:31	8
145	13	David	Halliday	M	Swinton Running Club	00:23:00	00:23:12	9
173	209	Helen	Nation	F35 to 39	Swinton Running Club	00:24:10	00:24:20	1
175	59	David	Guy	M50 to 54	Swinton Running Club	00:24:22	00:24:33	10
182	313	Paolo	Dale	M45 to 49	Swinton Running Club	00:24:39	00:24:51	11
191	342	Julie	Hamilton	F35 to 39	Swinton Running Club	00:25:05	00:25:14	2
198	334	Mike	Lilley	M55 to 59	Swinton Running Club	00:25:18	00:25:29	12
208	301	Pete	Grimshaw	M40 to 44	Swinton Running Club	00:25:44	00:25:55	13
221	318	Paulette	Storey	F60 to 64	Swinton Running Club	00:26:13	00:26:34	3
227	253	Jean	Mellor	F40 to 44	Swinton Running Club	00:26:47	00:27:07	4
237	330	John	Pickup	M50 to 54	Swinton Running Club	00:27:34	00:27:55	14
244	336	Clare	Batten	F45 to 49	Swinton Running Club	00:27:59	00:28:21	5
256	104	Claire	Wolfendale	F35 to 39	Swinton Running Club	00:28:56	00:29:17	6